



# ANNUAL REPORT

## 2006-07

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Therapists

**Name of Section:**

College of Occupational Therapists Specialist Section – Older People

**Author of Report:**

Jennifer Wenborn Chair  
Mandy Sainty Communications Officer

**Date:**

20th September 2007

**1. NEC: Names and Roles**

Following the AGM on 03.11.06 the National Executive Committee posts were held as follows:

<b>NEC post</b>	<b>Post holder</b>
Chair	Jennifer Wenborn
Treasurer	Shelley Crossland
Secretary	Barbara Parkinson
Communications Officer	Mandy Sainty
Conference Co-ordinator	Eilidh Young
Research & Development Officer	Gillian Ward
<b>Clinical Forum Leads:</b>	
Acute/Emergency Care	Jackie Illes
Care Homes Network	Rosemary Bennett
Dementia	Fiona Douglas & Julia Pitkin
Falls	Catherina Nolan & Kate Robertson
Intermediate Care	Val Killala
Mental Health	Ameena Corrigan & Sue Rey

**Officers Retiring November 2006**

Intermediate Care Clinical Forum Leads - Rosemary Bayford and Jenny Everett

Falls Clinical Forum Lead – Clare Heron

Dementia Clinical Forum Lead – Lin Burton

**Officers Elected November 2006**

Rosemary Bennett, Jackie Illes (following transfer of RISSOT), Val Killala, Kate Robertson, Catherina Nolan, Sue Rey, Julia Pitkin and Fiona Douglas.



## 2. NEC Schedule of Meetings

NEC meetings took place at the College of Occupational Therapists on:

31<sup>st</sup> January 2007  
1<sup>st</sup> May 2007  
18<sup>th</sup> July 2007  
4<sup>th</sup> September 2007

An extraordinary meeting was also held on 27<sup>th</sup> November 2007

## 3. Specialist Sections Membership Data

There has been an increase in membership numbers over the year. The breakdown of categories is not fully available due to non-recording on the database. This will be addressed during the forthcoming year.

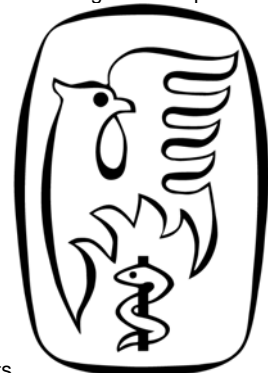
	BAOT/COT OT Member	Non BAOT/COT OT Member	Student Member	BAOT/COT Associate Member	Non BAOT/COT Associate Member	Overseas Member	Others	Total
Year Start 1.10.06	542	0	18	11	0	6	8	585
Year End 30.9.07	603	15	n/k	n/k	n/k	3	0	621

## 4. Schedule of publications over the year

- Three Newsletters, January 2007, May 2007, September 2007 (Edited by Mandy Sainty, Communications Officer)
- COT Specialist Section - Older People Promotional Leaflet
- Abstracts Booklet for the November 2006 Annual Professional Development Event and Event Special Supplement in the January 2007 Newsletter
- OTN articles:



- ◆ COT Specialist Section – Older People March 2007, 15(3) page 21 (Mandy Sainty)



- ◆ Dignity in Care April 2007, 15(4) page 17 (Jennifer Wenborn)
- ◆ Innovation through inclusive design May 2007, 15(5) page 32 (Catherina Nolan) *This edition with a focus on falls, also included articles submitted by COTSS-OP members.*
- ◆ Activity Provision Benchmarking Good Practice in Care Homes COT / NAPA publication 2007 (*Launch scheduled for 2<sup>nd</sup> October*)

## 5. Study days

Masterclass with Maud Graff, Dutch research occupational therapist, held at COT HQ, London on 27-28 September for 18 delegates, all members of the Dementia Clinical Forum. (Graff et al (2006) Community based occupational therapy for patients with dementia and their caregivers: randomised controlled trial. BMJ doi:10.1136/bmj.39001.688843.BE (published 17 November 2006)

## 6. Annual Conference

**Independence, Well-being & Choice: The Next Steps for OTOP**, was the title for our annual event held on 2<sup>nd</sup>/3<sup>rd</sup> November 2006, at De Vere Belton, Nr Grantham, Lincolnshire. This was attended by 118 delegates over the course of the 2 days.

The keynote speaker was Julia Scott, Chief Executive, College of Occupational Therapists who addressed the topic of 'Managing the Baby Boom generation at Retirement - a challenge and an opportunity for Occupational Therapy'.

The College of Occupational Therapists Falls Management document, developed under the leadership of and by the Specialist Section – Older People Falls Clinical Forum, was also launched.

## 7. List special talks/projects undertaken

- The **SPARC Network Workshop** (Strategic Promotion of Ageing Research Capacity) was hosted by COT on March 20th 2007, and in the presence of HRH The Princess Royal, brought together academics from medical architecture, bioengineering, gerontology, health and social care design, with occupational therapists from various areas of clinical practice and research. The morning session was chaired by our Chair, Jennifer Wenborn.



- **Dignity in Care Launch** on November 14th 2006, a campaign to create public confidence that older people who receive services, irrespective of setting, will be treated with respect for their dignity.
- COTSS-OP were invited by Hawker Events to contribute to the **1st UK Dementia Congress** held in Bournemouth in November 2006. Representatives of the Dementia Forum ran a parallel session which was well attended, and also a stand. Our special thanks to Professor Gail Mountain and Claire Craig for representing us so well in the 'Occupational Therapy and Dementia session'. Fiona Douglas chaired the session and neatly included reference to it being National Occupational Therapy Week. Thanks also to Shelley Crossland and Lin Burton who 'manned' our Stand.
- **COT Conference**, June 2007, Manchester where we held a **Fringe Meeting**, attended by 40 people, and our Chair, Jennifer Wenborn, chaired the 'New Directions in Dementia Care' parallel session.

#### 8. Business Plan – outcomes from previous year 2006-07

Review of the Business Plan 2006-07 - see separate attachment.

#### 9. Business Plan and Budget forecast for forthcoming year 2007-08

Business Plan and Budget forecast for 2007-08 - see separate attachment.

#### 10. Update on website

- The website is regularly updated by the Communications Officer in conjunction with COT web team. Information about events, newsletter contents and clinical forum activities are reviewed and amended at least every quarter.
- The COT hosted Discussion Forum has not been able to be moderated as anticipated due to NEC member capacity issues. This is therefore being reviewed with COT.



## 11. Any other relevant information

### Representation on Steering Groups and Consultations:

- Kate Robertson is representing COTSS-OP on the **National e-Care Pathway for Falls** group. Following on from the work of the 'Do Once and Share' falls (DOAS) pathway initiative in 2006, work is underway to produce an electronic falls care pathway and this forms part of the work of the Connecting for Health initiative.
- Catherina Nolan is representing the Specialist Section – Older People on the Skills for Health Steering Group developing competencies for **National Occupational Standards (NOS) for Stroke & Transient Ischaemic Attacks, and Falls & Bone Health**.
- Many members have been involved in the **National Audit of the Organisation of Services for Falls and Bone Health in Older People**. Catherina Nolan has been actively involved in the planning of the audit tool, ensuring questions pertinent to occupational therapy intervention have been included.
- The Falls Clinical Forum assisted design companies who were finalists in the **RCA / Helen Hamlyn Inclusive Design Challenge** in understanding what happens when people fall.
- Alice Mackenzie, on behalf of the Specialist Section attended an **End of Life Care Consultation Event**, held by the Department of Health on October 5th 2006. The wide-ranging organisations attending this valuable day discussed a draft strategy. Alice has also attended a Multi-Professional Review Meeting and a consultation event to establish research priorities on this topic. Both were held in February 2007.
- The Specialist Section has been involved in identifying nominees to participate in the **Connecting for Health** activity in the south of England to provide clinical content for the care pathways and assessments for falls, depression and dementia.
- COTSS-OP provided five aspects of dementia care for inclusion as part of The Royal College of Psychiatrists consultation on **Priorities for a national clinical audit of dementia services**.
- COTSS-OP representatives have continued to attend the **Older Peoples' Specialists Forum** inter-professional group hosted by the National Director -

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Older People and Neurological Conditions. This provides COTSS-OP the opportunity to contribute to future policy development through group discussion chaired by the National Director; attend 'one-off' consultation events and workshops facilitated by the DH Strategy department, and represent the Forum within other strategic work streams.

- A member (Kathryn Brook) attended the **'Improving service delivery for older people'** workshop (22.2.2007), organised by the Department for Communities and Local Government.
- A COTSS-OP NEC member (Secretary) has joined the **National Coalition for Active Ageing** and attended her first meeting in December 2006.

#### **Attending Conferences:**

- **Guaranteeing dignity, and well-being for older people**, a conference challenging delegates to consider what they can do to address the issue of care for the more vulnerable people in our communities was held on 10th October 2006 and attended by Kathryn Curtis on behalf of COT Specialist Section – Older People
- A **Prevention of Falls and Injuries in hospitals and care homes** conference was attended by Catherina Nolan on 2nd July 2007.
- Eilidh Young attended the **Improving Care for Older People Conference** held in London on 26th June 2007.
- **Is there a future for residential care?**, a seminar held at The Leveson Centre in Temple Balsall, 13<sup>th</sup> June 2007, was attended by the Clinical Forum Care Homes lead, Rosemary Bennett.

All conferences are reported to the wider membership through articles in the COT Specialist Section – Older People Newsletter.

#### **Contributing to COT groups and activities:**

- Sally Beckwith and Penny Cunliffe represented the Specialist Section at the COT **Health Promotion in the 21st Century** study day in December 2006.



- COT Specialist Sections **Clinical Forum** – unfortunately our official representative to this meeting (Chair) was only able to attend one meeting this year, due to a clash with NEC in January 2007 (the R&D Lead attended part of that meeting), and work commitments in June and September.
- COT Specialist Sections **Business Forum** – this group meets twice a year and the treasurer represents the Specialist Section – Older People.
- Sue Rey, Mental Health Clinical Forum Lead, supported the **COT Mental Health Strategy and New Ways of Working activities**. The Strategy was launched in December 2006. COT are now setting up two Strategy Implementation Groups - one to monitor achieving the milestones, and one to develop products for members. COTSS-OP intends to be represented on both of these.
- **COTEC Council Meeting** was held at COT in March 2007, and Jennifer Wenborn was a guest at the Dinner held at the House of Lords.
- A group of members, co-ordinated by Jennifer Wenborn, collated a combined response for COT, to the **NICE Public Health Interventions - Mental Health and Older People** draft scope.
- Contributed to the COT **Assessment document** being collated by Chris Austin.
- Commented on COTSS - Work **Vocational Rehabilitation** document

#### **Our other achievements and activities include:**

##### **Development of Practice Guidelines**

- Literature appraisals are being carried out by a team of volunteers, following the guidelines that were produced by the working group leading the development of **Practice Guidelines for Occupational Therapy and Dementia**.
- The Acute/Emergency Care Clinical Forum submitted their scope for **Practice Guidelines for Occupational Therapy in Accident and Emergency** to the COT Practice Publications Group and this was approved in December 2006.

Ongoing work continues on both Practice Guidelines but progress has been slower than anticipated due to the significant capacity issues development raises for members who are working on the guidelines within their own time.



## Promoting the Specialist Section

- **COT Specialist Section Re-Branding** – Jennifer Wenborn and Mandy Sainty attended the launch in October 2006. Promotional products have been purchased to promote the Section.
- The COT Specialist Section – Older People, provided sponsorship for the **occupational therapy student conferences** held at Bristol and Coventry.

## Research

- A Call for Papers was held for abstracts for the COTSS-OP 2007 Annual Professional Development Event. The response was greater than in 2006 and the quality of much of the research high.
- Funding and guidance for a COT Specialist Section – Older People Research and Development Award was agreed by the NEC, and will be launched at the Annual Event in November 2007.

