Aim

- To develop a resource offering practical ideas and advice to support meaningful activity for older people in care homes, inclusive of everyone regardless of their gender, sexuality, ethnicity and cultural background.

- To include a range of materials to meet the diverse needs of the target audiences, including residents, their family and friends; care home managers and staff; and occupational therapists.

- To provide templates and audit tools for care home managers and staff to review and evidence the quality of life and wellbeing of residents.

- To support the shift in culture required in many care homes for them to meet the relevant standards related to activities of daily living, choice and care planning.

- To explain how to capture the experience of residents through person-centred outcomes.

Development pathway

March 2012 – May 2013
Development period supported by External Reference Group

October 2012
Draft toolkit consultation with stakeholders, relatives of care home residents and occupational therapists

November – December 2012
Pilot in care homes across the UK - Feedback from care home managers, staff and relatives

July 2013
Endorsement - Meeting with key stakeholders and partner organisations

August 2013
Living well in Care Homes Network
Online network set up to champion dignity, choice and independence for older people in care homes

September 2013
Launch
Free online toolkit available from COT website